

# THE HIKER

## OUTINGS SCHEDULE— Fall 2019

DATE(S)	PLACE	TYPE	LEADER(S)	SD	NC
October 5	<b>Lake Poway via Blue Sky Hike</b> Miles R/T 800+’ G/L Scenic hike around Lake Poway via Blue Sky Reserve	DH	Jan Hernandez	Sept 9	Sept 11
October 12	<b>Pt Loma Hike</b> Fun, sometimes challenging ~8 mi. hike from La Playa up to Pt. Loma Nazarene Univ. & back, brunch at Jennings House Cafe.	DH	Christine Favus	Sept 9	Sept 11
October 13	<b>Stonewall Peak Evening Hike</b> Sunday Easy, 850’ gain/loss hike. 4.5 mile (RT). Potluck dinner on Stonewall Peak to watch the sunset and moon rise.	DH	Gloria Sturgeon/ Tony Devine	Sept 9	Sept 11
October 19-23	<b>Pinnacles National Pk &amp; Paso Robles</b> Moderate day hikes in Park, a day of wine tasting in PR. (PR hotel or campground reservation for the night of Oct 22 - on your own.)	Adv /CC	Ron and Ute Sorrell	Sept 9	Sept 11
October 19	<b>Torrey Pines Extension</b> 5-6 mile one-way, through-hike from Torrey Extension down to Crest Canyon, with a stop at Viewpoint Brewing along the way.	DH	Mike Frost/ Rhonwyn C-N	Oct 14	Oct 9
October 26	<b>Los Penasquitos Canyon-West Approach</b> Easy 6 mile (RT) hike to the waterfall and return. Elevation gain/loss 200’ from Sorrento Valley.	DH	Tony Devine	Oct 14	Oct 9
November 2	<b>Azalea Glen Loop Trail</b> 4.2 mile loop between Middle and Cuyamaca Peaks, views of Stonewall Peak, reservoir, alpine meadows & forests.	DH	Lynda Fouts	Oct 14	Oct 9
November 9	<b>Mt Gower</b> 10 miles R/T. +/- 2500 feet. Trail hike (mostly) through chaparral near Ramona.	DH	Richard Rohwer	Oct 14	Oct 9
November 16-19	<b>San Bernardino Mts &amp; Jenks Lake</b> Day hikes in San Bernardino Mtns. 2 nights primitive camp at East Flats, 1 night at Morton Fire Tower to view Meteor shower	DH/CC	Gloria Sturgeon/ Annie Hoppe	Nov 11	Nov 13
November 23	<b>Old Coach Trail - Poway</b> A moderate 7 mile hike in north Poway near Sycamore Creek	DH	Rhonwyn Curtis- Nicholson	Nov 11	Nov 13
November 27-29	<b>Thanksgiving Outing in Joshua Tree</b> Cottonwood Campground Group campsite (G01) - Nov 27 - 28 (Thanksgiving Day). Janet brings Turkey. Max 15 people 7 vehicles. Hike Nov 27: Lost Palms Oasis 7.5 miles G/L 491’, Nov 28: Mastadon Peak Loop 3 mile loop G/L 422’ Turkey feast. Sign up for food contribution.. Nov 29: leave campground, car-shuttle hike Whitewater Cyn Preserve to Cabazon - 9 miles downhill.	DH/CC	Janet Kenney	Nov 11	Nov 13
December 1	<b>Elfin Forest Recreational Reserve</b> Sunday 7.5 miles, moderately strenuous, great views of Olivenhain & Hodges reservoirs, hills, valleys and local cities.	DH	Nora Crist	Nov 11	Nov 13
December 7	<b>Highland Valley Trail</b> 4.2 miles 1 of 5 hikes for Coast to Crest Challenge on San Dieguito River Pk trails. Gentle hills through woodland - coast live oaks.	DH	Lynda Fouts	Nov 11	Nov 13
December 7-8	<b>Painted Canyon</b> (BLM adjacent to ABDSP) Hike exotic Painted Canyon. Primitive desert car camp. Optional Sun. hike in Little Devil Canyon, very twisty	DH/CC	Gloria Sturgeon	Nov 11	Nov 13
December 13-15	<b>Bow Willow Holiday Car Camp</b> Campout in Anza Borrego Desert State Park for Big Party. Desert DHs too	DH/CC	Dave and Lois Gottfredson	Dec 9	Dec 11
December 21	<b>Winter Solstice Sunrise</b> Easy, 2 miles round trip; Watch sunrise from a Native American viewing site on Cowles Mt.	EH, 5:45 a.m.	Carol Radford/ Gloria Sturgeon	Dec 9	Dec 11
December 28	<b>Lake Hodges - North shore</b> Easy 6 mile hike along Lake Hodges which will be part of the Coast to Crest Challenge sponsored by the San Dieguito River Valley Conservancy.	DH	Mike Frost	Dec 9	Dec 11

**Please call Leader to cancel whenever you are signed up for a hike and cannot make it.  
If you are on the waiting list, it is your responsibility to call the Leader to confirm. The Leader will not call you.  
With the high cost of gas, please contribute to carpooling expense to the drivers.**

BP-Backpack, CC-Car Camp, DH-Day Hike, SD-San Diego Chapter,  
NC-North County Chapter, EH- very early morning hike, Adv –Adventure trip, BR-Bike Ride