

THE HIKER

OUTINGS SCHEDULE— Summer 2018

DATE(S)	PLACE	TYPE	LEADER(S)	SD	NC
July 8 Sunday	Bike Ride 3 islands, 24 miles RT ride, starting and ending at Shelter Island. Lunch in Coronado.	BR	Cookie Cairnes	June 11	June 13
July 14	East Santa Ysabel Preserve Kanaka Loop - Easy/Moderate hike in the Santa Ysabel East Preserve 7 miles - 1,000' elevation gain - no max	DH	Anita Norman/Rich Horvath	July 9	July 11
July 15 Sunday	NTC Esplanade and Spanish Landing 3 miles round trip, easy, with picnic.	DH	Sandra Mack	July 9	July 11
July 21	City Heights Trail 5.5 miles, Moderate, Newly opened trails in City Heights thru 4 canyons and the connector streets between them.	DH	Sue Burchett	July 9	July 11
July 25 Wednesday Evening	Iron Mountain Hike to top of Iron Mountain to watch the sunset - 6 miles - 1,000' elevation gain (bring flashlight) 15 people	Evening Hike	Rich Horvath/Anita Norman	July 9	July 11
July 28	Founder's Day Annual Picnic Enjoy good friends, food, drink and a swimming pool.	DH	Dan and Marlene Kestly	July 9	July 11
August 4	Bike Ride from Encinitas-Oceanside Fairly flat 26 mile ride along the coast with lunch at the Oceanside Marina	BR	Rhonwyn Curtis-Nicholson	July 9	July 11
August 11	Laguna PCT Pioneer Mail - Pedro Fages 10 Miles R/T - 600' G/L - hike north on PCT from Pioneer Mail to Pedro Fages Monument	DH	Jan and Steve Hernandez	July 9	July 11
August 18	Beach Walk - Solana Beach/Cardiff 10 miles (RT) with lunch at San Elijo State campground.	DH	Tony Devine	Aug 13	Aug 8
August 25	San Jacinto Peak via tram Moderate/strenuous day hike to peak. Distance: 11 miles, Gain/Loss: 2,300 ft	DH	Chuck Banker	Aug 13	Aug 8
Aug 29- Sept 3	Labor Day Backpack Southern Sierras- Cottonwood Lakes	BP	Tony Devine/Fred Goossens	Aug 13	Aug 8
Sept 9 Sunday	Miramar Lake Pleasant morning 4.92 mi walk/hike around Miramar Lake with coffee and pastries following at the French Cafe on Rue des Amis in Scripps Ranch. Note: hiking surface is asphalt.	DH	Gloria Sturgeon	Aug 13	Aug 8
Sept 16	Ramona Grasslands A nice, easy, short (3.5 miles) early hike in Ramona with breakfast afterwards	DH	Brittany Como	Sept 10	Sept 12
Sept 22	Kayak - Liberty Station 2 hour paddle, starting and ending at Point Loma's Liberty Station. Lunch afterwards.	Adv	Rhonwyn & Cookie	Sept 10	Sept 12
Sept 29	Otay Valley Regional Park Easy 6 mile hike exploring some trails along the Otay River within this lesser known but pleasant park in Chula Vista.	DH	Rhonwyn Curtis-Nicholson	Sept 10	Sept 12
Sept 30-Oct 6	Mammoth Lakes Condo Camping Five days of day hikes of various distances near Mammoth Lakes. Lodging expense will be shared by all attendees	Adv	Tony Devine	Sept 10	Sept 12

Please call Leader to cancel whenever you are signed up for a hike and cannot make it.

If you are on the waiting list, it is your responsibility to call the Leader to confirm. The Leader will not call you.

Please share the cost of gas when carpooling.

BP-Backpack, CC-Car Camp, DH-Day Hike, SD-San Diego Chapter, NC-North County Chapter, EH- very early morning hike, Adv Trip-Adventure trip, BR-Bike Ride