

**OUTINGS SCHEDULE— Summer 2016**

DATE(S)	PLACE	TYPE	LEADER(S)	SD	NC
July 2	<b>To Be Determined</b>	DH		June 13	June 8
July 9	<b>East Mission Bay Bike Ride</b>	BR	Cookie Cairnes	June 13	June 8
July 10 Sunday	<b>Sweetwater River Watershed West</b> One-way 6-mile hike with car shuttle. Easy.	DH	Sandra Mack	June 13	June 8
July 16	<b>Shelter Island Bressemer Path Point Loma</b> Easy, flat 6 mi hike/stroll along the bay and neighborhood of La Playa; take in the sun, waves, views, sea birds life and locals; patio lunch after with bay views at Red Sails Inn Restaurant.	DH	Margie McGuigan/Jeff O'Steen	July 11	July 13
July 23	<b>Founder's Day Picnic</b> Fun for all at a new location	Party	Dan and Marlene Kestly	July 11	July 13
July 30	<b>Coastal Bike Ride</b> Easy coastal 26 mile bike ride starting in Encinitas, riding up to the Oceanside Marina for lunch and back.	BR	Rhonwyn Curtis-Nicholson	July 11	July 13
August 6	<b>Happy Trails Horseback Ride</b> Trail and beach adventure-horseback riding! Guided 2 hr ride ( <b>\$100/person</b> ) through the Tijuana River Valley Nature Preserve to Imperial Beach – spend 1/2 hr on beach	Adv	Margie McGuigan/Jeff O'Steen	July 11	July 13
August 7 Sunday	<b>Del Mar's Torrey Pines Extension</b> Easy 6 mile loop day hike in the Del Mar/Torrey Pines area	DH	Cookie Cairnes	July 11	July 13
August 13	<b>Rose Canyon Trail</b> Easy local hike near La Jolla and UTC. 8.9-mile loop covers flat roads and rolling hills. Animal friendly.	DH	Alice Wang	Aug 8	Aug 10
August 20	<b>Kayak Coronado</b> Kayaking in Coronado Glorietta Bay. Spectacular scenes of the bridge and downtown San Diego.	Adv	Alice Wang	Aug 8	Aug 10
August 27	<b>Bike at Big Bear Lake</b> Bike Big Bear and Baldwin Lakes ~40 miles 1800' gain/loss Carcamp at Pineknot campground	Adv	Annie Hoppe/Germar Bernhard	Aug 8	Aug 10
Sept 3-5	<b>Eastern Sierra Cottonwood Pass</b> 10 miles RT Elevation Gain/Loss:1,250 ft Cottonwood Pass to Chicken Spring Lake. Optional Sunday day hike	BP	Fred Goossens	Aug 8	Aug 10
Sept 3	<b>San Elijo Lagoon</b> Easy out and back coastal hike along one side of the lagoon	DH	Brittany Como	Aug 8	Aug 10
Sept 9-10	<b>Anza Borrego Bike Ride</b> Carpout at Culp Valley then Borrego Bike ride: 16.5 miles. 150 ft gain over smooth roads Maximum: 15 people	CC/BR	Janet Kenney	Aug 8	Aug 10
Sept 17	<b>Carlsbad to Cardiff Beach Hike</b> Easy 5 mile beach walk heading south from Carlsbad to the San Elijo State Beach with lunch afterwards in Encinitas (one way walk with a car shuttle).	DH	Rhonwyn Curtis-Nicholson/Ken Abbiss	Sept 12	Sept 14
Sept 18 Sunday	<b>Mission Bay Bike Ride</b> Ride in Mission Bay with lunch in Old Town. (approx. 18 miles of flat riding)	BR	Ron Wiesman	Sept 12	Sept 14
Sept 24	<b>Mission Bay Urban Walk</b> 9 mile coastal-urban walk covering Crown Point, Sail Bay, and the Mission Bay Boardwalk, with stops to see the rescued seals at The Bahia and lunch at The Sandbar overlooking Belmont Park.	DH	Rhonwyn Curtis-Nicholson/Ken Abbiss	Sept 12	Sept 14
Sept 24	<b>Tahquitz Peak</b> Moderate/strenuous day hike to peak. Distance: 11.5 miles (8.6 mile option), Gain/Loss: 2,426 ft	DH	Chuck Banker	Sept 12	Sept 14

**Please call Leader to cancel whenever you are signed up for a hike and cannot make it.  
If you are on the waiting list, it is your responsibility to call the Leader to confirm. The Leader will not call you.**

**With the high cost of gas, please contribute to carpooling expense to the drivers.**